

Teacher Reflection

This Swivl Start Up Strategy will go over the set up and the start up for recording a self reflection video. Self Reflection is a critical piece of growing in your practice. When you are able to go back and watch a lesson after it has happened, you will likely see things that you were unaware of, whether it's student focused or yourself. This added layer of perspective can help determine the focus that would most support you and your students.



ESTIMATED TIME 45 Minutes

GET STARTED

- Set up mobile device and Swivl Robot in the classroom
- Launch **Teams by Swivl** app and tap the Recording feature
- Ensure primary marker is being worn by the teacher
- If multiple markers are available, consider placing additional markers around the classroom to capture student dialogue

DIRECTIONS

- ① Using the primary marker or the app, begin recording
- ② When recording is complete, add title, select Session mode, and save from mobile device*
- ③ Find recording in the Library on Teams by Swivl
 - Note: use a computer – not mobile app
- ④ Open the video and set the Intention
 - The Intention is what you are looking for while watching the video
- ⑤ Click arrow to Feedback, then click Open Feedback
- ⑥ Use bookmarks (star = glow, lightbulb = grow) to indicate moments in time you would like to point out as either a success and/or something to work on
- ⑦ Type in time-stamped comments to leave yourself details of your thoughts, questions, ideas, and/or plans, etc.
 - Time-stamped comments can be used together with or independent of Bookmarks
- ⑧ Click to and leave a Summary
 - Summary can include, but is not limited to, how you felt about what you saw in the recording, how you felt real time when you were recording, and what next steps you are planning to take

*Privacy note: Recordings should be saved and stored on Teams by Swivl for student privacy - platform is FERPA and COPPA compliant

VIDEO TUTORIALS

[How to access and watch video on Teams by Swivl >](#)

[Time stamped comments >](#)

[Learn about Teams by Swivl Sessions >](#)