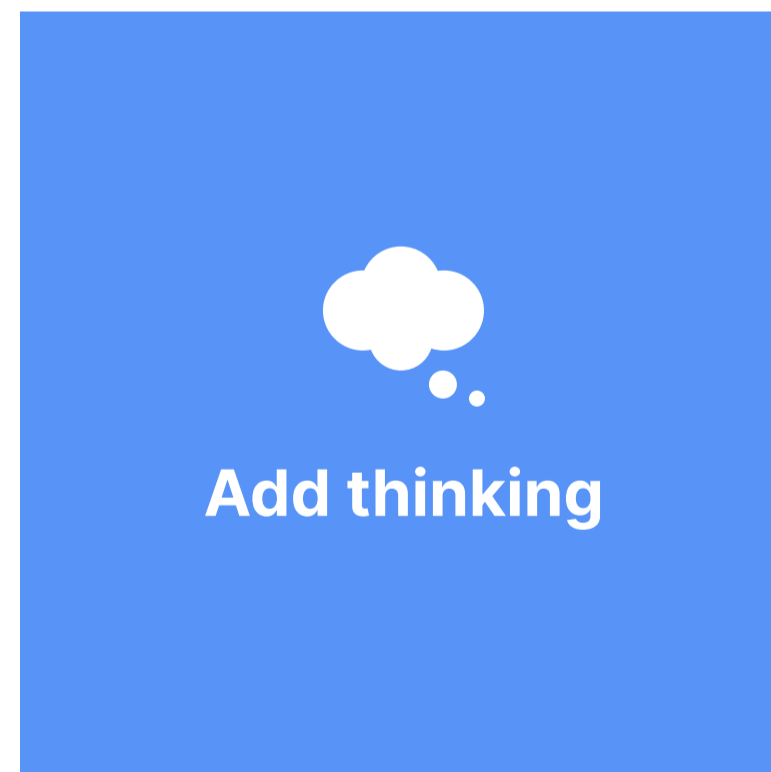
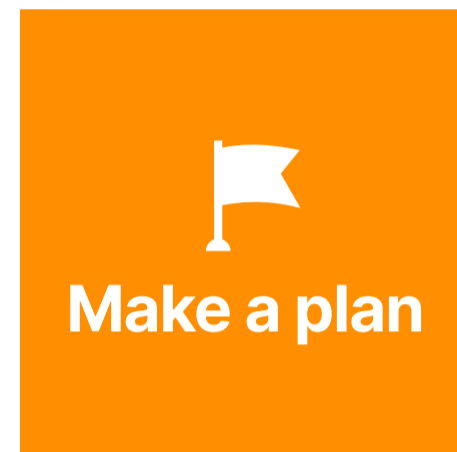
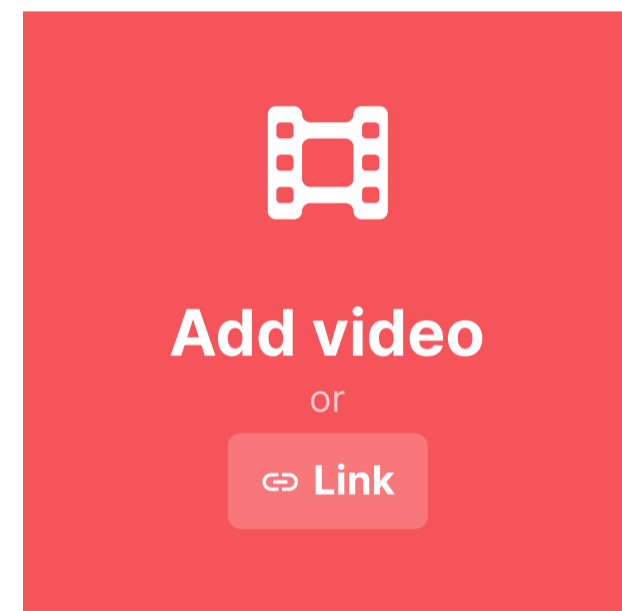


# Reflectivity Process



## Make a plan

- What do you want to achieve?
- Plan your next action step

## Add thinking

- Identify how you're feeling about your work
- Describe your experience

## Add video or link

- Record your reflection
- Link to resources and/or materials
- Connect video evidence from your library