Regular reflection can fix your teacher retention problem

Teacher burnout

- Supports emotional regulation by reflecting out loud on topics that are stressful and difficult to share

> MirrorTalk facilitates small instances of intentional reflection that add up for teachers. It supports them holistically and decreases those feelings of burnout and reminds them why they are in the best profession on the planet: teaching.

Samantha Fecich, Ph.D, Professor | Grove City College, PA
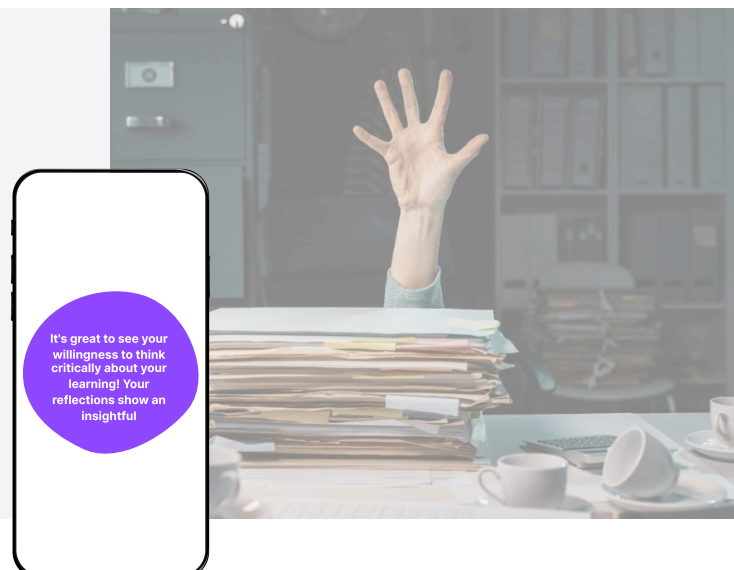
Tell me about something you're working on

No support

- Enables autonomy; teachers can reflect freely on topics most important to them
- Gives thoughtful and authentic feedback after each reflection

> The feedback teachers received from their very first reflection hooked them and made them feel like someone was really listening to their concerns.

Kacey Carter, Principal | Jackson Local School District

It's great to see your willingness to think critically about your learning! Your reflections show an insightful
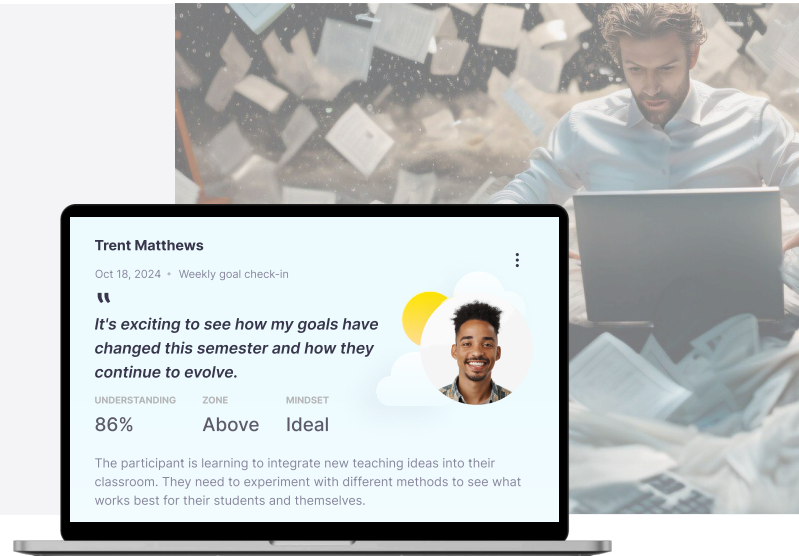
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Unrealistic expectations

- Generates standards-based reflective prompts for students, automatically
- Synthesizes insights from students' reflections, helping teachers more quickly identify where they can support each student

" **MirrorTalk is a low-impact way for teachers to use AI that also has a high-impact yield for students. MirrorTalk pushes students to go deeper which takes a lot of pressure off teachers.**

Ashley Jackson, Principal |
Metro Nashville Public Schools, TN

Trent Matthews

Oct 18, 2024 • Weekly goal check-in

" *It's exciting to see how my goals have changed this semester and how they continue to evolve.*

UNDERSTANDING	ZONE	MINDSET
86%	Above	Ideal

The participant is learning to integrate new teaching ideas into their classroom. They need to experiment with different methods to see what works best for their students and themselves.

Scan to schedule a meeting

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