

Quickstart guide: Coaching cycles



How to use this guide

- Coach or admin creates reflection assignment in MirrorTalk (use sample objectives or create your own)
- Coach/admin shares assignment link with teachers
- During each stage of the coaching cycle, teachers complete the reflection from their mirrortalk.ai account on their laptops or the MirrorTalk app on their phones.



Why add MirrorTalk to video coaching?

- Document learning and track growth from coaching conversations
- Gain insight where support is needed
- Time to reflect before coaching- increases teacher agency and ownership



Sample objectives

This series of objectives creates the opportunity for reflection during each stage of the coaching cycle. You can indicate a specific instructional practice in the objective to customize the reflection questions further.

COACHING CYCLE STAGE	OBJECTIVE
	Copy this into mirrortalk.ai in the learning objective space
1	Building rapport The teacher will reflect on their teaching practice by identifying key strengths and challenges
2	Observation/self reflection The teacher will reflect on their lesson observation
3	Planning The teacher will identify a focus area for improvement and collaborate with their coach on a plan to implement a strategy to address the focus area
4	Next steps Teacher will collaborate with their coach to develop actionable next steps for improving the instructional practice
5	Check in The teacher will evaluate their progress in the focus area by analyzing changes in instructional practices and student outcomes, celebrating successes, and identifying the next steps for continued growth.