Quickstart guide: Unit reflection cycles mid-unit check

How to use this guide

- Set up three reflection points for each unit: Launch, Mid-Check, End
  Can also be used individually
- Create reflection assignments in MirrorTalk using sample objectives (use the prescribed format)
- Share assignment links with students
- Have students complete reflections at key unit transitions

Why add MirrorTalk to your classroom?

- Create natural reflection points that build metacognitive habits
- Track student understanding and confidence throughout the unit
- Identify misconceptions early to adjust instruction
- Help students connect prior knowledge to new learning
- Document growth and learning progression across the unit

Sample objectives

	TOPIC	OBJECTIVE Copy this into mirrortalk.ai in the learning objective space Focus: Depth of Knowledge
1	Analyze progress	Students will analyze their progress toward their unit learning goals
2	Clariffication	Students will identify (unit) concepts they understand well and areas where they need clarification
3	Evaluate effectiveness	Students will evaluate their current learning strategies and their effectiveness in the (unit)
4	New connections	Students will reflect on how new learning connects to previous understanding of (topic)